

# Mains

*hearty & gluten friendly*



Certain gluten friendly menu items may not be suitable for customers with Celiac Disease, so customers should ask to speak with the manager on duty prior to placing their order to clarify any questions regarding preparation or ingredients.

## **SHEPHERD'S PIE**

Ground chuck in gravy, peas, carrots, onions, topped with creamed champ potatoes 15

## **TRADITIONAL IRISH LAMB STEW**

Braised leg of lamb, onion, carrot, celery, served with creamed champ potatoes 15

## **TRADITIONAL BEEF STEW**

Slow cooked angus beef, onion, carrot, celery, served with creamed champ potatoes 14

## **BEEF SHORT RIB**

Boneless beef short rib, creamed champ potatoes, fresh vegetables, mushroom gravy 21

## **CHARRED ORANGE HONEY SALMON**

Chargrilled Norwegian salmon, orange honey glaze, seasoned rice, So Good Champ Peas 21

## **CORNED BEEF AND CABBAGE**

1st cut brisket, slow cooked in herbs and spices, braised cabbage, creamed champ potatoes, parsnips and carrots, Irish mustard. 19

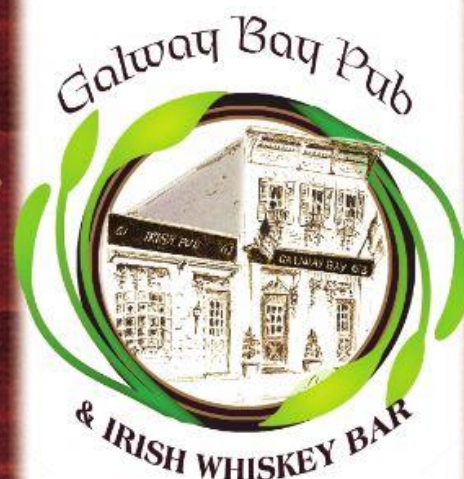
## **NEW YORK STRIP**

12 oz. center cut choice Angus beef, roasted garlic beef jus, creamed champ potatoes, fresh vegetables 26

## **CRAB CAKE DINNER**

Jumbo lump blue crab meat, seasoned rice, fresh vegetables, house tartar  
*single / double market price*

# Gluten Friendly Menu



We are delighted to offer you this special menu highlighting the gluten friendly items available on our regular menu. All of these dishes are made from ingredients free from wheat, rye, barley or oats.

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[www.galwaybaymd.com](http://www.galwaybaymd.com)

## SHELLFISH

### OYSTERS ON THE HALF SHELL

Seasonal picks from our waters, fresh shucked, lemon, cocktail sauce 11

### OYSTERS ROCKEFELLER

Seasonal picks from our waters, broiled with bacon, spinach, feta and parmesan cheese 14

### FRESH MUSSELS

1 lb. steamed P.E.I. Mussels in your choice of

**GARLIC AND WHITE WINE** 12

**TOMATO WHISKEY SAUCE** 12

### TOP NECK CLAMS

1 lb. clams, pan steamed in seasoned butter 10

## SMALL PLATES

### SO GOOD! WHO KNEW? CHAMP PEAS

Slow cooked peas, sea salt, black pepper, fresh mint, whipped butter 4

### LAMB RIBS

Braised lamb ribs, orange whiskey glaze 12

### LAMB MEATBALLS

Handmade lamb meatballs with lamb, rosemary, pimento sauce 10

### CABBAGE WRAPS

Mashed potato and corned beef in cabbage leaf, creamed mustard dressing 8

### MISS PEGGY'S MINI CRAB CAKES

Jumbo lump blue crab meat, broiled to order 14

## SOUPS

**TRADITIONAL POTATO & LEEK** 6

**IRISH WHISKEY & TOMATO** 6

**SOUP OF THE MOMENT** *market price*

\* Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

## SALADS

### THE CHIEFTAIN

Chopped romaine, Cashel blue cheese, walnuts, craisins, black currant port vinaigrette 10

### ROASTED BEET SALAD

Chopped romaine, roasted red beets, walnuts, goat cheese, mandarin oranges, apple cider vinaigrette 10

### THE CRUNCH SALAD

Roma Crunch lettuce, Bermuda onion, tomato, Pork Belly, Cashel blue cheese, balsamic glaze 10

### CORNED BEEF CRUNCH

Roma Crunch lettuce, corned beef, Bermuda onion, Cashel blue cheese, roasted tomatoes, hard boiled egg, signature dressing 17

### TOSSED HOUSE SALAD

Chopped Romaine, Bermuda onion, tomato, cucumber, carrot, choice of dressing 5 / 9

### HOT-SMOKED PEPPERED SALMON SALAD

Roma Crunch lettuce, hot-smoked peppered salmon, Bermuda onion, tomatoes, capers, hard boiled egg, Green Goddess dressing 17

### SALAD WITH CRAB CAKE

Chopped romaine, Cashel blue cheese, walnuts, craisins, black currant port vinaigrette *market price*

## SANDWICHES

WHEN ORDERING, PLEASE ASK YOUR SERVER FOR A GLUTEN FREE ROLL *Add 2*

*You don't have to go without!*

**A CHESAPEAKE FAVORITE**



### MISS PEGGY'S CRAB CAKE SANDWICH

Jumbo lump blue crab meat, house-made tartar sauce, on a gluten friendly bun *market price*

### CURRY CHICKEN SALAD SANDWICH

Hand pulled chicken meat, Irish curry spice, celery, golden raisins 11

### FARMERS CHICKEN SANDWICH

Grilled all natural fresh chicken breast, Irish tomato onion chutney, pecan shoulder bacon, Dubliner cheese, shredded lettuce 12

### PUB BURGER

Certified Angus beef, charbroiled, lettuce, tomato 11